

Personal Consequences

1. Define consequences. _____

2. Can you create desirable or undesirable consequences? _____

3. List two desirable consequences you would like to create.

4. Identify three things that you can do to make these consequences a reality.

- a. _____
- b. _____
- c. _____

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5. List two undesirable consequences that you have created.



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6. Identify three things that you did that caused the undesirable consequences.

- a. _____
- b. _____
- c. _____

7. From the arrest experience, list a consequence of the experience in each of the following areas of your life.

a. Family

Immediate consequence _____
Long-term consequence _____

b. Self

Immediate consequence _____
Long-term consequence _____

c. Job

Immediate consequence _____
Long-term consequence _____

d. Finances

Immediate consequence _____

Long-term consequence _____

e. Freedom

Immediate consequence _____

Long-term consequence _____

f. Emotions

Immediate consequence _____

Long-term consequence _____

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