

Your Value System

1. What are values and how does a person develop them? _____

2. An individual's value system is affected by the surroundings in which he/she lives. Fill in the chart below with the significant people and elements that contributed to the development of your values. Begin with the most important elements at the top and work down.

On the left side list the influences that were the most significant as you were growing up.

On the right side list the influences that now have the most influence in your life.

<p>THEN</p>	<p>NOW</p>
<p>1 2 3 4 5 6 7 8 9 10</p> <p>Negative Somewhat Negative Positive</p>	<p>1 2 3 4 5 6 7 8 9 10</p> <p>Negative Somewhat Negative Positive</p>

Evaluation Copy
Property of NCTI

3. What is a negative environment? _____

4. What is a positive environment? _____

5. On the left side of the chart, rate your early environment on the impact it had on you, using the one-to-ten scale shown above.

6. Now using the right side of the chart, rate your present environment. How do they compare? _____

7. Should a person be able to excuse the abuse of alcohol because of environment? Yes No

Why? _____

8. Can you overcome a negative environment? Yes No How? _____