

NCTI's Complete Behavior Change System:  
More than Curricula Alone



# Facilitator Certification Training

to deliver

## Cognitive Behavior Change Curricula

Presented by the American Probation and Parole Association  
in partnership with the National Curriculum and Training Institute



# Facilitator Certification Training to deliver Cognitive Behavior Change Curricula

Presented by the American Probation and Parole Association, in partnership with the National Curriculum and Training Institute.



**This fast-paced, interactive course provides practitioners with the skills necessary to successfully facilitate NCTI's Crossroads® curricula.**

This training addresses the importance of understanding individual learning styles, and using activities, games and small groups to enhance the learning process. This training is accredited by the American Probation & Parole Association (APPA), and is approved for 35 Contact Hours.

To assist you in having successful programs that change lives, NCTI follows the principles of evidence-based research, which include fidelity. In order to maintain fidelity, an individual participant's certification is dependent upon attendance as well as performance during the training week.

## **Certified Facilitators will gain the ability to:**

1. Instruct individuals in clarifying the relationship between values, attitude, and behavior.
2. Identify their own learning style and the learning styles of the individuals they are working with using NCTI's Real Colors® Personality Instrument.
3. Construct open-ended questions to elicit an intrinsic commitment to change.
4. Use group process techniques to involve even the most disinterested individuals.
5. Use structured homework and Personal Awareness Journal™ in NCTI's Cog Talk™ as tools to reinforce cognitive learning.
6. Facilitate an array of cognitive behavioral, offense specific curricula for juveniles and adults.

Participants will also practice the techniques they have learned using the cognitive behavioral curricula.

## **NCTI's Trainers**

Each facilitator certification training is conducted by one of NCTI's Master Trainers. NCTI's trainers are knowledgeable and experienced professionals who have worked in the field of community corrections and who have extensive knowledge of NCTI's behavior change format.

## **About APPA**

*The American Probation and Parole Association is an international association composed of individuals from the United States and Canada actively involved with probation, parole and community-based corrections, in both adult and juvenile sectors. All levels of government including local, state/provincial, legislative, executive, judicial, and federal agencies are counted among its constituents. By taking the initiative, APPA has grown to become the voice for thousands of probation and parole practitioners including line staff, supervisors and administrators.*

*Educators, volunteers and concerned citizens with an interest in criminal and juvenile justice are also among APPA's members. APPA will continue to effectively provide services to its constituents.*

*The association represents a strong, unified voice for the field of community corrections.*

## **NCTI's Complete Behavior Change System**

NCTI's recognized, evidence-based curricula and APPA-accredited, facilitator certification training come with a complete system of powerful tools that help you create an effective path to behavior change.



Recommended by APPA, NCTI's cognitive-based curricula clearly align with the models that research has proven to be effective in reducing recidivism.

### Crossroads Curricula

Once certified, facilitators will be able to purchase and deliver any of NCTI's curricula. NCTI's curricula are recommended by APPA, target criminogenic needs, risk-level, and age.

Addressing different learning styles, while being delivered in a highly interactive, group-process format, NCTI's curricula encourage participation and comprehension. Each curriculum has a comprehensive facilitator guide containing instructions for each workbook component.

### Real Colors® Certification is Included in NCTI's Cognitive Facilitator Certification Training



When used in conjunction with Crossroads curricula, Real Colors quickly provides a common ground for communication between participants and facilitators. In a very short time, participants begin to understand their own personality styles.

### Adult Curricula

- Anger Management
- Bad Check
- Cognitive Life Skills
- Domestic Violence
- Drugs & Alcohol
- DUI
- Felony Offenses
- JOBTEC
- Larceny
- Minor in Possession
- Misdemeanor Offenses
- Parenting
- Shoplifting
- Substance Abuse Intervention
- Traffic Safety

### Juvenile Curricula

- Anger Management
- Cognitive Life Skills
- Curfew
- Drugs & Alcohol
- Gang Involvement
- Graffiti
- High-Risk Offender
- Misdemeanor Offenses
- Shoplifting
- Traffic Safety
- Truancy

### About NCTI

Since 1981, NCTI has been developing and providing evidence-based, offense specific curricula directed towards changing behavior. NCTI's work in the criminal justice field has led to the discovery of unique methods that foster positive, pro-social behavior in offenders. These grew into philosophical and practical approaches that NCTI calls the "Building Blocks for Behavioral Change," which have become the foundation for developing NCTI's curricula and training. In the hands of skilled facilitators, our methods have achieved impressive results in numerous community corrections agencies throughout the United States.

The clients we serve across the country include the following:

- Probation departments
- Juvenile courts
- Federal, state, county, and municipal courts
- Private providers
- Therapists
- Sheriff's departments
- Police departments
- Detention centers
- Jails
- Military brigades
- Prisons
- Rehabilitation centers



For more information visit [www.NCTI.org](http://www.NCTI.org)

# Locations and Dates

Attendance at all five days is required for certification

## February 25 - March 1, 2019 Chesapeake, Virginia

Naval Consolidated Brig Chesapeake  
1548 Wilderness Rd, Bldg 500  
Chesapeake, VA 23322

### Training Schedule:

Monday, February 25  
8:00 a.m. – 5:00 p.m.

Tuesday, February 26  
8:00 a.m. – 5:00 p.m.

Wednesday, February 27  
8:00 a.m. – 5:00 p.m.

Thursday, February 28  
8:00 a.m. – 5:00 p.m.

Friday, March 1  
8:00 a.m. – 5:00 p.m.

**Hosted by:**  
**Naval Consolidated Brig**

### Registration Deadline

Enrollment space is limited. To confirm your attendance, we must receive your registration no later than ten days before the training.

### Cancellation Policy

If you are unable to attend after registering, you may send a substitute with no penalty. Cancellations received less than 14 days before the scheduled event are subject to a fee equal to 25% of the total amount paid.

### Workshop Fee and Payment

The participant fee is \$899, which includes facilitator training and a training manual. Volume discounts are available based upon multiple registrations from the same organization. To register for the workshop, go to **www.NCTI.org** and register on-line or fill out the attached registration form and return it to NCTI with your check or purchase order made payable to NCTI. *Please Note: Curriculum Purchasing Restrictions may apply to Non-Governmental agencies in the following states: Colorado & Florida. Please contact us prior to registering if you are a Non-Governmental agency in one of these states.*

### Lodging Information

Lodging and travel information is available online at [www.ncti.org](http://www.ncti.org). Simply click on the specific training to review more detailed information.

# REGISTER ME FOR NCTI's Facilitator Certification Training

Please register me for:

( ) February 25 - March 1, 2019 - Chesapeake, VA\*

**Workshop Fee is \$899 per person.**

\* **Volume discounts are available based upon multiple registrations from the same organization.**

**NCTI reserves the right to cancel a training up to 21 days prior to the scheduled date. Please keep this in mind when making travel arrangements.**

Each workshop fee includes facilitator training and a training manual.

**Register Online at [www.NCTI.org](http://www.NCTI.org),  
or in one of these four easy ways!**



#### PHONE

800-622-1644



#### FAX

602-252-4736



#### E-MAIL

[register@ncti.org](mailto:register@ncti.org)



#### MAIL

NCTI, 319 East McDowell Rd.,  
Suite 200 • Phoenix, AZ 85004-1534

- My check or purchase order for \$\_\_\_\_\_ per person is enclosed (make payable to NCTI)  
 Charge \_\_\_\_\_ registration(s) to credit card:  Visa  MasterCard  AmEx

Credit Card Number

Expiration date (Month/Year)

Cardholder's Name (print)

Cardholder's Signature (required)

Name (please print)

Organization

Title

Street Address

City

State

Zip

Daytime Phone

Fax

E-mail address

If you do not receive an email confirmation within 3 working days, please call (800) 622-1644.  
Your travel, lodging and meals are not included.

**For more information visit [www.NCTI.org](http://www.NCTI.org)**