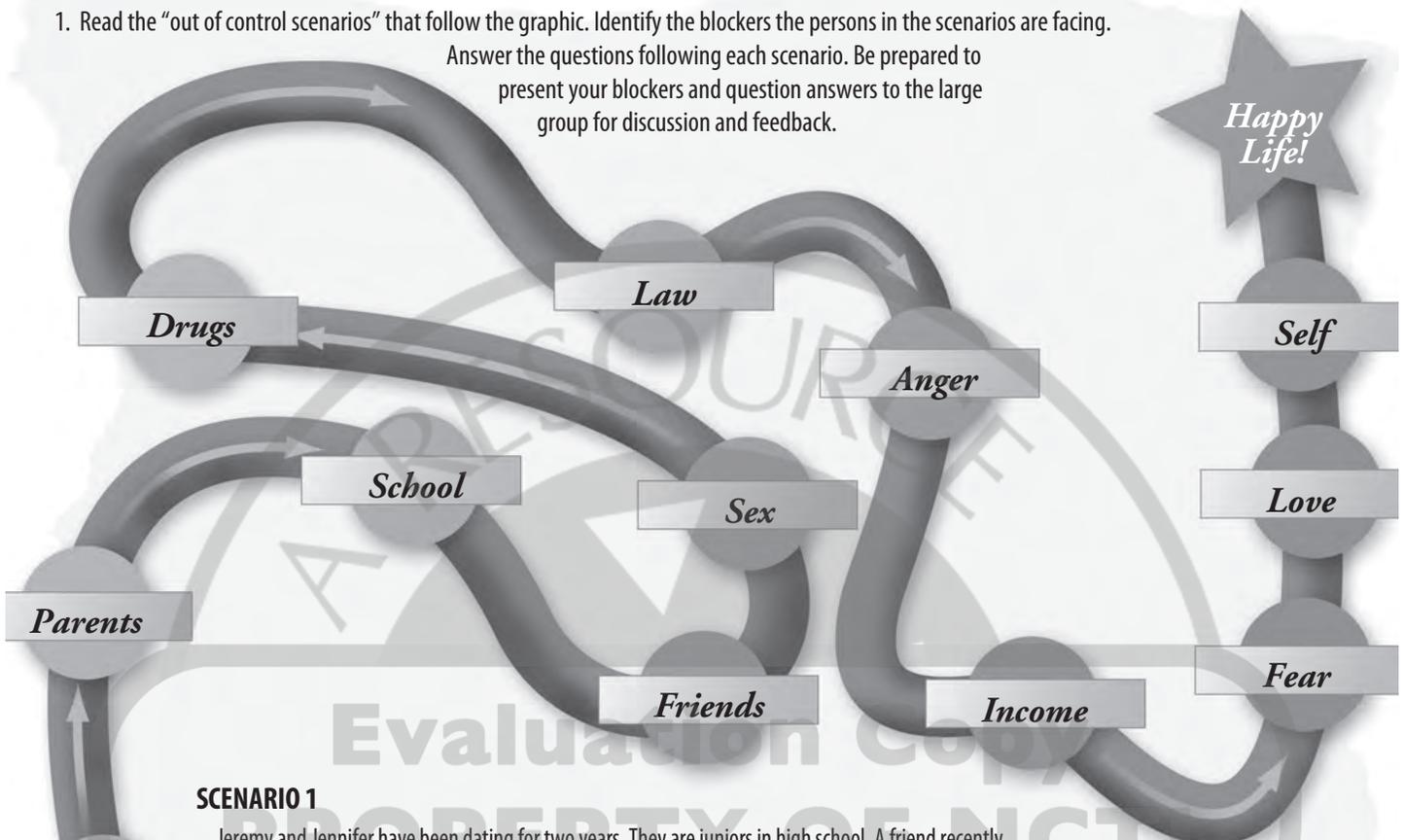


Gaining Control of Your Life

1. Read the "out of control scenarios" that follow the graphic. Identify the blockers the persons in the scenarios are facing. Answer the questions following each scenario. Be prepared to present your blockers and question answers to the large group for discussion and feedback.



SCENARIO 1

Jeremy and Jennifer have been dating for two years. They are juniors in high school. A friend recently invited them to a party at his place on Saturday night. The friend's parents will be out of town. The friend's older sister will be in town for the weekend "babysitting" while the parents are away. The older sister is a senior in college and is 21 years old. She's agreed to buy booze for the party. Your friend needs for Jeremy and Jennifer as well as the other invitees to kick in ten bucks apiece for booze and food for the party. Attendance at the party is pretty limited since your friend doesn't want to call too much attention to his house. Neighbors can be nosy and call the police if things get out of control or too noisy. What's more, Jeremy and Jennifer have been assured of 45 minutes in one of the "hook-up" rooms. They haven't engaged in sex yet, but this is the perfect opportunity.

What are the Potential Happy Life Blockers in Jeremy and Jennifer's life if they attend this party? _____

What can they do to dissolve the Potential Blockers before they happen? _____

What can they do to dissolve the Potential Blockers that may occur unexpectedly if they attend the party? _____
